Bibliography for Writing about Medical Experiences

Essays & Theory
The Oxford Handbook of The Elegy
Death's Door—Sandra Gilbert
The Invention of Farewell—Sandra Gilbert
Dying Modern—Diana Fuss
American Elegy: The Poetry of Mourning from the Puritans to Whitman—Max Cavitch
Poetry of Mourning—Jahan Ramazani
The Desire to Heal: A Doctor's Education in Empathy, Identity, & Poetry—Rafael Campo, MD
The Healing Art: A Doctor's Black Bag of Poetry—Rafael Campo, MD
Intoxicated by My Illness—Anatole Broyard
Illness as Metaphor & AIDS and Its Metaphors—Susan Sontag
On Being Ill—Virginia Woolf
Poetry As Survival—Gregory Orr
The Invisible Kingdom: Reimagining Chronic Illness—Meghan O'Rourke
The Illness Narratives: Suffering, Healing, & the Human Condition—Arthur Kleinman, MD
Stories of Illness & Healing: Women Write Their Bodies—Ed. Sayantani DasGupta & Marsha Hurst
Narrative and the Culture Construction of Illness & Healing—Eds. Cheryl Mattingly & Linda Garro
Poetic Medicine: The Healing Art of Poem-Making—John Fox
Expressive Writing: Counseling and Healthcare—Ed. Kate Thompson and Kathleen Adams
The Renewal of Generosity: Illness, Medicine & How to Live—Arthur W. Frank
Writing as a Way of Healing: How Telling Our Stories Transforms Our Lives—Louise DeSalvo
Illness & Poetry (an essay in Harriet—The Poetry Foundation)—Reginald Shepherd

Emotions, the Brain, & Writing
Synaptic Self—Joseph LeDoux
The Emotional Brain—Joseph LeDoux
The Body Keeps the Score—Bessel Van Der Kolk, MD
Writing for Emotional Balacne—Beth Jacobs, PhD.
Writing & Healing: Toward an Informed Practice—Ed. Charles Anderson & Marian MacCurdy

Websites:
https://neurosity.co/guides/expressive-writing-therapy-mental-health

https://www.apa.org/news/podcasts/speaking-of-psychology/expressive-writing

https://www.ptsduk.org/how-writing-can-help-people-with-ptsd/

https://www.embodiedwellnessandrecovery.com/blog/span-classsqsrte-text-color-whitehow-writing-changes-the-brain-a-neuroscience-guide-to-naming-your-pain-creating-emotional-distance-and-building-resiliencespan

Poems/Poetry Anthologies
What Have You Lost?—Naomi Shihab Nye
Aftermath—Sandra Gilbert
Intention Tremor—A Hybrid Collection—Tamara Kaye Sellman
The Virginia State Colony for Epileptics and Feebleminded—Molly McCully Brown
The Art of Losing: Poems of Greif & Healing—Ed. Kevin Young
Poetry in Medicine: Anthology of Poems About Doctors, Patients, Illness, & Healing—Michael Salcman
I've Heard the Vultures Singing: Field Notes on Poetry, Illness, & Nature—Lucia Perillo
Kintsugi—Thomas Meyer
Mosquito—Alex Lemon
Standing in the Forest of Being Alive—Katie Farris

Many other poets have poems in their books devoted to illness and healing:

Marilyn Hacker
Alicia Ostriker
Lucille Clifton
Jane Kenyon
Donald Hall
Martha Silano (esp. Terminal Surreal)

There are a number of literary journals out there devoted to writing about medical experiences:

H.E.A.L --put out by Florida State University
The Examined Life journal—U of Iowa School of Medicine and Writers Workshop
JAMA
Ars Medica—Canadian journal
Tendon—Johns Hopkins
Intima: A Journal of Narrative Medicine