

BIBLIOGRAPY FOR WRITING AS A RIGHTING JOURNEY

Books on Writing and Healing:

- *The Healing Art: A Doctor's Black Bag of Poetry*—Rafael Campo, MD
- *The Desire to Heal: A Doctor's Education in Empathy, Identity, and Poetry*—Rafael Campo, MD
- *Writing as a Way of Healing*—Louise DeSalvo
- *Writing for Emotional Balance: A Guided Journal to Help you Manage Overwhelming Emotions*—Beth Jacobs, Ph.D
- *Stories of Illness and Healing: Women Write Their Bodies*—ed. Sayantani DasGupta & Marsha Hurst
- *The Illness Narratives: Suffering, Healing & the Human Condition*—Arthur Kleinman, MD
- *Poetry as Survival*—Gregory Orr
- *Expressive Writing: Counseling and Healthcare*—ed. Kate Thompson & Kathleen Adams

Poetry about Illness, Grief, Loss, Trauma and Healing:

- *Poetry in Medicine: An Anthology of Poems about Doctors, Patients, Illness, and Healing*—ed. Michael Salzman, MD
- *The Art of Losing: Poems of Grief & Healing*—ed. Kevin Young
- *Poetic Medicine: The Healing Art of Poem-Making*—John Fox

Books, Essays, Anthologies, etc. on related Topics:

- *The Emotional Brain: The Mysterious Underpinnings of Emotional Life*—Joseph LeDoux
- *I've Heard the Vultures Singing: Field Notes on Poetry, Illness, and Nature*—Lucia Perillo
- *The Blessing* (memoir)—Gregory Orr
- *The Healing Art of Writing; Volume One; (essays, poems, stories)* ed. Joan Baranow, Brian Dolan, David Watts—Perspectives in Medical Humanities

More Resources:

- check out my website: <http://www.seedison.com/resources/>